



CALIFORNIA STYLE

**NAUGHTY
OR NICE**
*Perfect presents
to GIVE
and RECEIVE*

Pale Fire

JENNIFER
Connelly

HIGH SPIRITS
Golden State
ENTERTAINING
at its finest

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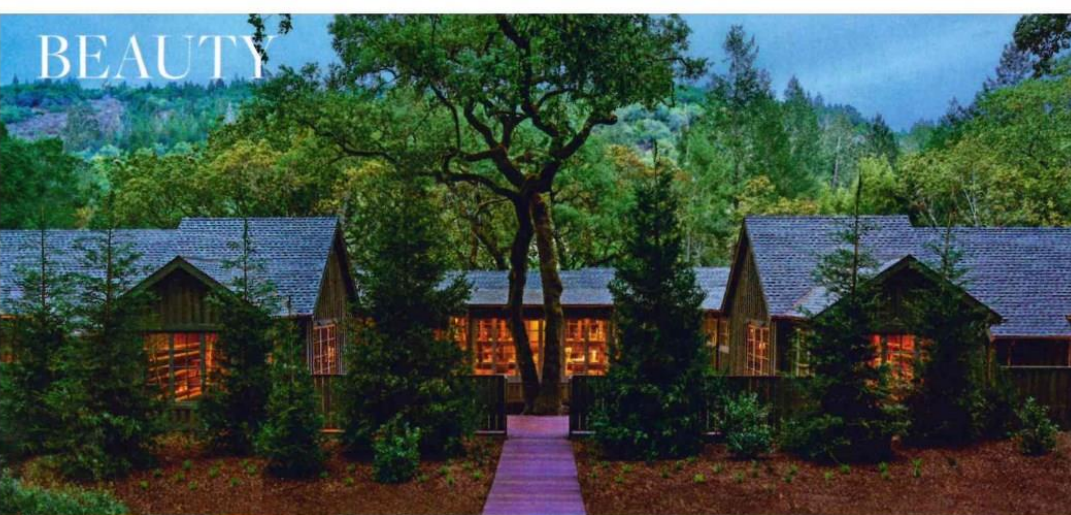
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From top: The new Howard Backen-designed **MEADOWOOD SPA** in Napa Valley. Inside the single spa suite.

ST. HELENA

The Great ESCAPE

For the most discerning of relaxation seekers, Napa Valley's new freestanding **Meadowood Spa** offers a transcendent experience, beginning with its tranquil, rustic-chic setting, courtesy of famed architect Howard Backen and interior designer Leslie Hemmings. Led by Michael Conte, director of spa and wellness (formerly of Montage Laguna Beach), the 14,000-square-foot space features eight sprawling suites, each with its own steam shower and lounge area.

After a consultation, your wellness therapist tailors the regimen to your needs employing decadent lines like Caudalie (beloved for its age-defying serums with grape-seed extracts) and Dana Point-based vegan line Glycelene, which has developed a chardonnay body butter especially for the spa's detoxifying body wraps. For a pre-treatment ritual, start with a dry body brushing, foot bath or soothing herbal steam shower, followed by a hot stone massage and black walnut scrub, or try the HydraFacial—a combination of hydra-dermabrasion and a chemical peel with a concentrated delivery of hyaluronic acid and peptides—before heading over to the verdant gardens for the sauna and mineral soaking pool. 900 Meadowood Ln., St. Helena, 707-531-4788; meadowood.com.

LAKE & SKYE
Frankincense Floral Water, \$48.

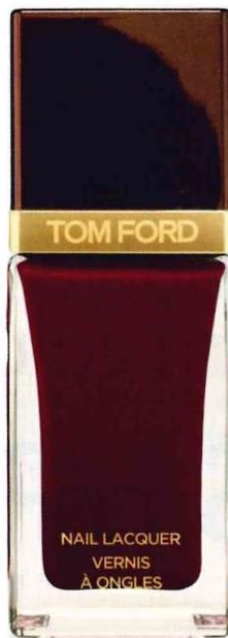


LOS ANGELES

Natural Selection

Just in time to combat the inevitable dryness and stress that comes with the winter months, N.Y. aromatherapy expert and yoga teacher Courtney Somer has launched **Lake & Skye**, an L.A.-crafted line of pure, therapeutic-grade essential oil products, scents and floral waters, all based on the art of healing. Standouts include the hydrating Frankincense Floral Water, which clarifies the skin and softens wrinkles, and the Echo Lake perfume oil (tea rose, night-blooming jasmine, Tunisian patchouli and sandalwood). \$48-\$64; Tenoversix, 8425 Melrose Ave., L.A., 323-330-9355; lakeandskye.com.

Bordeaux BLENDS



CLE DE PEAU limited-edition Bal Masqué trio (in Dark Red, Black Gold and Silver Metallic), \$75, cledpeaubeaute.com.

DEBORAH LIPPMANN in Let's Misbehave, \$24, barneys.com. **CHRISTIAN**

DIOR in Mystère, \$28, dior.com. **TOM FORD** in Bordeaux Lust, \$35, tomford.com. **BUTTER LONDON** Patent Shine 10X in Afters, \$18, butterlondon.com.